



Stacy S. Kim, Ph.D., Founder

Dr. Kim is a Professional Certified Coach (PCC) helping talented and caring women find time and energy for meaningful work and the people they love. She is the author of *The Lighthouse Method: How Busy Overloaded Moms Can Get Unstuck and Figure Out What to Do with Their Lives*. Obsessed with the intersection of career and family, she translates research into practical strategies in a way that is intellectually and emotionally engaging. She reassures and motivates her clients, readers, and audiences to pursue rewarding careers, deepen relationships, and live more fulfilling lives.

Dr. Kim has nearly 20 years of experience in early childhood education and work-family research. She has worked for Columbia University's National Center for Children and Families and the Families and Work Institute. Most recently, with Ellen Galinsky and Ipshita Pal, she co-authored five reports, analyzing the National Study of the Changing Workforce to provide timely guidance during and after the pandemic.



Dr. Kim has written for various publications including *The New York Times*, *Real Simple*, *WIRED*, and *The Washington Post*. She has appeared on media outlets such as NPR and CNN.

She has delivered nearly 100 presentations, from workshops with employee groups at *The New York Times* to keynote speeches at women's conferences for Merrill Lynch. Whether speaking to professional associations at conferences, university alumni associations through webinars, or parent groups at schools, she provides actionable baby steps that get people started and lead to lasting improvements.

She earned her doctorate in educational policy and leadership at the University of Pennsylvania, her coaching certification at the Institute for Professional Excellence in Coaching (iPEC), an International Coach Federation-accredited program, and her bachelor's degree at Northwestern University.

She is fluent in English, Korean, and three statistical programming languages. Her volunteer work includes Girl Scout troop leader, Grant Advisory Committee leader for the New York Women's Foundation, and Head Start research grant reviewer for the Office of Planning, Research and Evaluation (OPRE).

She has lived in Seoul, Chicago, Honolulu, and Los Angeles and currently lives with her husband and two teenage daughters in New York City.